

Pelvic Health

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*Neen helps you take back control,
for a happier, healthier you.*

Trusted by
women since
1975

Neen is the leading brand in the pelvic health sphere with a heritage dating back to 1975. Our range of pelvic health products are recommended worldwide by healthcare professionals and have been developed alongside key opinion leaders in women's health physiotherapy.

The Neen range is designed to strengthen the pelvic floor muscles and treat symptoms of incontinence. Neen has won a number of prestigious awards for design, enterprise, research and development.

Six solutions for a stronger pelvic floor

*Explore our products now and find out
how they can help your patients.*

For more information visit
www.neenpelvichealth.com



Aquaflex®

Weighted Vaginal Cones

The simple and effective way to strengthen pelvic floor muscles to help improve general pelvic health, restore bladder control and also improve sexual response and satisfaction.

Aquaflex® Weighted Vaginal Cones

How does Aquaflex work?

It is very important to exercise pelvic floor muscles correctly. The Aquaflex cone is inserted the same way as a tampon and causes the pelvic floor muscles to automatically contract around it in order to hold it in place. It is this reflex action that tones the muscles.

As the muscles become stronger, more weights can be added and the length of time that the cones are in place can be increased, up to 20 minutes per day.

- Exercise system consists of two cones and a set of four weights (5g, 10g and 2 x 20g)
- Once inserted correctly, Aquaflex cones automatically isolate and contract the pelvic floor muscles
- Gradually add more weights as pelvic floor muscle strength increases
- Used daily for twenty minutes, improvements can be expected in just twelve weeks
- Clinically proven – 70% of cases of stress incontinence can be cured or improved by using weighted vaginal cones
- Safe natural solution allowing women to take control
- Single patient use

081542919

091323435 Spare cones

091323443 Spare weights

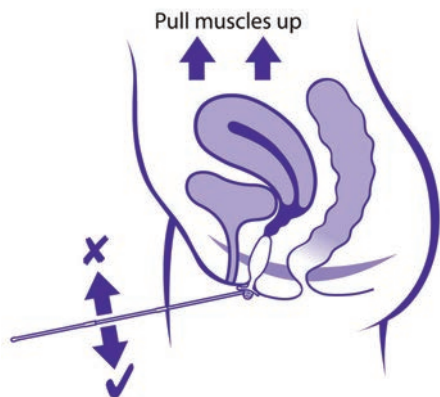


SPARES

Spares are available for this product, for details and full spares listing please contact Customer Services.



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Educator®

Pelvic Floor Exercise Indicator

Developed from the award winning Periform® probe, the Educator® provides an extremely simple and effective solution to help improve pelvic floor muscle strength and eliminate incontinence problems.

Educator® Pelvic Floor Exercise Indicator

How does the Educator® work?

The Educator® is a simple and easy to use device that shows if the pelvic floor muscles are being contracted correctly.

Strengthening these muscles can also help to reduce symptoms of stress incontinence.

Its unique form allows it to follow the movement of the internal walls of the vagina, which indicates how the pelvic floor muscles are being contracted. The external part of the Educator® amplifies this movement to show whether these muscles are being contracted correctly or not.

There is growing awareness of the significant contribution that the pelvic floor muscles (PFM) make to lumbo-pelvic stability. As such it is important that MSK therapists are confident that their patients are able to correctly contract the pelvic floor muscles (PFM) so that they may be incorporated safely into core stability training.

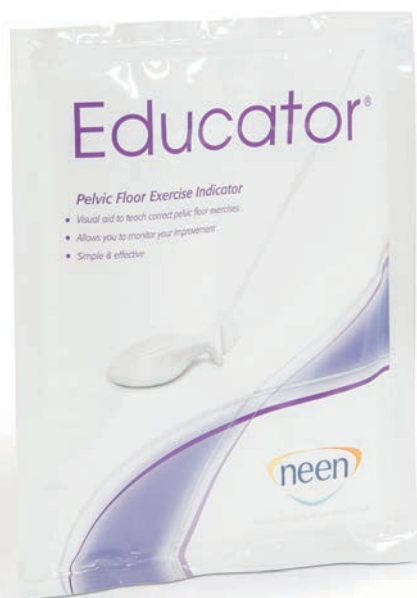
- Simple to use
- Visual aid to teach correct pelvic floor exercises
- Strengthens pelvic floor muscles
- Demonstrates benefit of bracing before cough etc.
- Allows improvement to be monitored
- Single patient use

Why is the Educator® important?

It is recognised by Continence Care Specialists that teaching pelvic floor contractions is extremely difficult. Studies have shown that even with first class one to one tuition, half of those instructed will not contract the correct muscles.

In fact half of those contracting incorrectly will get it so wrong that they are in danger of damaging their pelvic floor. The Educator® is perfect for patients to use at home to ensure they are doing pelvic floor exercises correctly.

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INFORMATION

For our full range of Pelvic Models, please see page 384.



INFORMATION

For our full range of Pelvic Belts, please see page 114/115.

Peritone+

EMG Biofeedback Unit

The Peritone+ is a single channel EMG biofeedback device. It can be used to assess pelvic floor muscle activity and used as a continence diagnosis tool. Its simple design and ease of use make it excellent for both clinic and home treatments



Peritone Plus Bluetooth EMG Biofeedback Unit

Features

- Accurate and sensitive - measures activity down to as low as $0.2\mu\text{V}$ and as high as $2000\mu\text{V}$
- LEDs display EMG level clearly and easily
- LCD displays numerical EMG reading and work/rest countdown
- After each session statistics can be reviewed (includes work and rest averages, average onset of muscle contraction and muscle release)
- Lock mode function for recording time in use, statistics and locking the units parameters
- Low cost, high quality and very accurate
- Used with self adhesive electrodes, Periform®+ or Anuform® (not included)

Unit supplied with patient cable and reference cable, battery, user manual, stand to hold unit upright during use, soft carry case, bluetooth dongle, software license and self adhesive electrodes.

Includes Peritone+ Software

With the help of the software, Peritone+ produces and prints comprehensive patient progress reports for all key parameters, such as work/rest averages, onset contractions, muscle release times, peak values and work/rest average deviations.

Comprising of a number of protocols including: Open Display, for initial diagnosis; Template Training, enables bespoke graph programming; Work/Rest Training, for home or clinic exercising; Work/Rest Assessment, to evaluate performance and progress and Home Compliance Review, to review home use.

Software receives EMG data via the supplied USB bluetooth dongle. Includes eight games for increased patient compliance. License includes five activations for multiple devices.

Specification

Range:	0.2-2000
Sensitivity:	$01\mu\text{V}$ RMS
Work rest periods:	2-99 seconds
No of trials:	1-99
Unit dimensions:	128.5 x 64 x 28.3mm
Weight:	0.15kg
Pulse Rate:	2Hz to 200Hz
Pulse Width:	$50\mu\text{sec}$ to $300\mu\text{sec}$

091556109	Peritone Plus
091265842	Spare Patient Cable
091316876	Spare Reference Cable



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Pericalm™

Pelvic Floor Stimulation Unit

Dual channel unit with digital display. Its simple design and ease of use make it excellent for both clinic and home treatments.

Pericalm™ Pelvic Floor Stimulation Unit

- Features pre-set and customisable programs
- Lock feature ensures patient compliance for home use
- Used with Periform®+, Anuform® or surface electrodes (not included)

Programs

- Pelvic floor workout
- Pre-set programs for use in the treatment of:
 - Stress incontinence
 - Urge incontinence or overactive bladder
 - Mixed incontinence
 - Pelvic pain
- 3 customisable programs to change parameters to suit the user

Unit comes supplied with 2 cables, battery, user manual and soft carry case.

Specification

Amplitude:	0-90mA
Type:	Constant Current
Waveform:	Asymmetrical, rectangular bi-phasic with zero DC current
Pulse Rate:	2-100Hz
Pulse width:	50-450µv
Time:	5-60 minutes (Custom programs only)
Ramp up time:	0.2-9.9 seconds
Unit dimensions:	80×67×45mm
Weight:	90 grams
091253715	Pericalm Unit
091265842	Spare Cables



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SPARES
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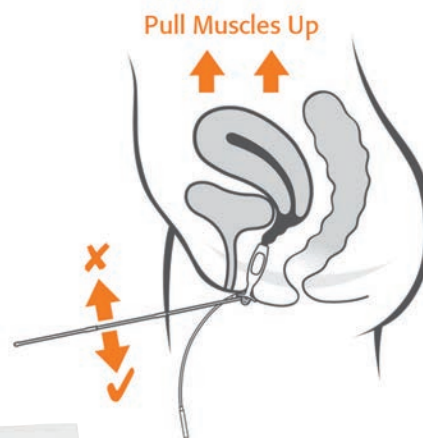
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Periform[®]+

Intra-Vaginal Probe

The Periform[®] has been the probe of choice for pelvic floor muscle stimulation and biofeedback for many of the world's leading healthcare professionals for over fifteen years. Extensive user consultation and refinement has led to exceptional performance through its unique, patented and award winning form.



Periform[®] + Intra-Vaginal Probe

- Can be used with most muscle stimulators and biofeedback equipment (refer to manufacturer's instructions before use)
- Single patient use
- Medical grade surgical stainless steel
- Unique 'rectangular' section resists lateral movement
- Contoured electrode provides comfortable stimulation
- Smooth clean shape
- Long integrated cables
- Push fit indicator wand with extension pieces

091253723

Unique Indicator Wand

- Visual aid to teach correct pelvic floor exercises
- Push fit
- Extension pieces provide greater amplification of pelvic floor movements to improve visual biofeedback
- Demonstrates benefit of bracing before cough etc.
- Provides vital information on the efficiency of muscle stimulation

Longer cables (additional 12cm)

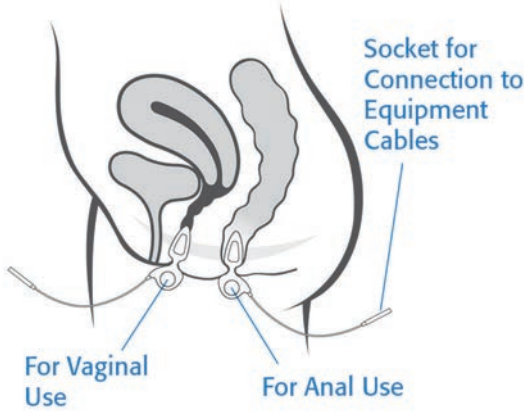
Integrated cables restrict ingress of fluid

New style neck to allow tissue to take on natural form

Patented hollow provides secure 'anchorage' and allows ambulatory use

Electrode backs smoothed over to make it easier to clean





Anuform®

Intra-Anal and small Intra-Vaginal Probe

The revolutionary contoured shape of the Anuform® provides a sound electrode/tissue interface which allows for comfortable muscle stimulation and accurate biofeedback. As Anuform® always sits in the same position, comparable EMR readings can be taken over different sessions.



Anuform® Intra-Anal and Small Intra-Vaginal Probe

When the Anuform® is inserted, the probe allows the anal sphincter to close around the narrow neck of the probe. This secures the correct positioning without the need for holding the probe in place.

- Revolutionary shape for repeatable positioning and ambulatory use
- Can be used with most muscle stimulators and biofeedback equipment (refer to manufacturer's instructions before use)
- Single patient use
- Single orifice use
- Medical grade surgical stainless steel

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