

# Foot Care

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**CHOOSE YOUR GAME CHANGER.**

WE OFFER 2 STYLES; SLIMLINE & MOULDED. DESIGNED TO SUIT YOUR SHOE TYPE AS AN ADDITIONAL OR REPLACEMENT INSOLE.



**1. CUSH 'N' STEP**

Designed to provide comfort and support to the foot during lighter impact activities like walking and hiking. Cush 'N' Step keeps feet feeling fresh and comfortable for longer.



**2. SORBO PRO**

Designed for the sports person who demands ultimate protection to achieve their highest level of performance. Sorbo Pro supports, aligns & cushions the sole of the foot to carefully centre the user's geometry.



**3. DOUBLE STRIKE**

Designed for activities where both the forefoot and heel are subjected to the most impact shock, an inbuilt comfort contour and heel cup offers a dual action shock absorbing solution.

## 1 Cush 'N' Step

091566793 3-4.5  
 091566801 5-6.5  
 091566819 7  
 091566827 8  
 091566835 9  
 091566777 10  
 091566785 11-12.5

## 2 Sorbo Pro

091566843 35-37 (UK 3-4.5)  
 091566850 38-40 (UK 5-6.5)  
 091566868 41 (UK 7)  
 091566876 42 (UK 8)  
 091566884 43 (UK 9)  
 091566892 44-45 (UK 10)  
 091566900 46-48 (UK 11-12)

## 3 Double Strike

091566983 35-37 (UK 3-4.5)  
 091566991 38-40 (UK 5-6.5)  
 091567007 41 (UK 7)  
 091567015 42 (UK 8)  
 091567023 43 (UK 9)  
 091567031 44-45 (UK 10)  
 091567049 46-48 (UK 11-12)

## 4 Heel Pads

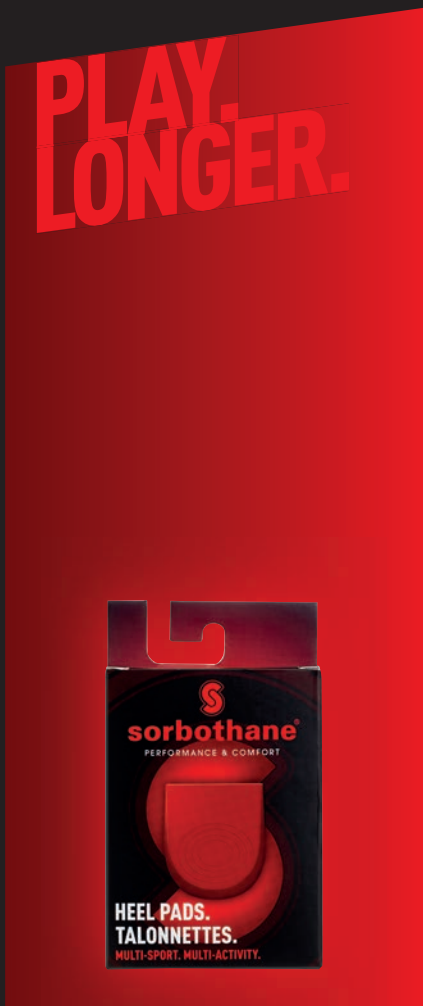
091567098 35-38 Small  
 091567106 39-42 Medium  
 091567114 43-49 Large

## 5 Single Strike

091567056 36-38 (UK 3.5-5)  
 091567064 39-41 (UK 5.5-7)  
 091567072 42-43 (UK 8-9)  
 091567080 44-46 (UK 10-11)

## 6 Full Strike

091566918 35-37 (UK 3-4.5)  
 091566926 38-40 (UK 5-6.5)  
 091566934 41 (UK 7)  
 091566942 42 (UK 8)  
 091566959 43 (UK 9)  
 091566967 44-45 (UK 10)  
 091566975 46-48 (UK 11-12)



### 4. HEEL PADS

Designed for everyday life and light sporting activities, they provide pure shock absorption at the heel, where most impact occurs.



### 5. SINGLE STRIKE

Designed for activities where the heel is subjected to the most impact shock such as golf and walking. An inbuilt comfort contour and heel cup offers a concentrated shock absorbing solution.



### 6. FULL STRIKE

Designed for activities where the whole foot is subjected to impact shock like running, hockey and racquet sports. Full Strike offers a comprehensive shock absorbing solution.



## Bio-Soft

Bio-Soft and Bio-Soft Plus are dual density cushioning polyurethane insoles. The Bio-Soft insole integrates a wipeable polyurethane top cover, whilst the Bio-Soft Plus insole is finished with a memory foam top cover. The products have been designed to offer incomparable levels of comfort and shock absorbency. These features also make the Bio-Soft perfect for use during sporting activities. The device incorporate two 'soft spots' to offload the most vulnerable areas of the foot, making them perfect for use on diabetic and rheumatoid patients.

**Intended for:** Patients requiring high levels of shock absorption and moderate control levels. Patients suffering from the below conditions can also benefit from these devices:

- Diabetes
- Plantar heel pain
- Achilles tendonitis
- Mild over pronation



### 1 Bio-Soft

- 7500184 X-Small
- 7500185 Small
- 7500186 Medium
- 7500187 Large
- 7500188 X-Large

### 2 Bio-Soft Plus

- 7500189 X-Small
- 7500190 Small
- 7500191 Medium
- 7500192 Large
- 7500193 X-Large

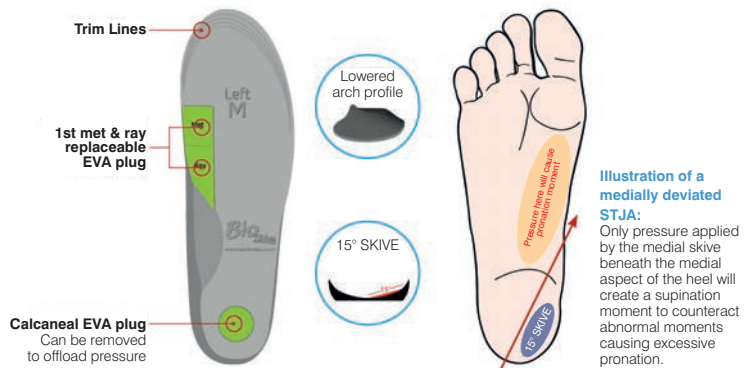


## Bio-Skive

Bio-Skive is a unique full length EVA insole available in low and medium densities. Designed by experts for patients with a medially deviated subtalar joint axis. Carefully crafted using our extensive knowledge and experience, the Bio-Skive incorporates a 6mm medial heel skive and a lowered arch profile for correct pronation control of this foot type. Bio-Skive also incorporates a standard intrinsic medial 4" rearfoot post to normalise heel strike.

### Component kit includes:

- 2 × Heel cushions
- 2 × 4 degree forefoot wedges
- 2 × 4 degree rearfoot wedges
- 2 × 5mm heel lifts
- 2 × Calcaneal dell, 1st metatarsal head & ray replaceable plugs



### 3 Bio-Skive Low Density

- 7500212 X-Small
- 7500213 Small
- 7500214 Medium
- 7500215 Large
- 7500216 X-Large

### 4 Bio-Skive Mid Density

- 7500217 X-Small
- 7500218 Small
- 7500219 Medium
- 7500220 Large
- 7500221 X-Large



**Bio-Mex**

Bio-Mex is a new sophisticated addition to the Bio family. It is made from high quality polypropylene making it slender, flexible and strong for excellent biomechanical control. Available in a low and medium arch height, the Bio-Mex is easily customised through heat moulding, grinding and FREE self-adhesive components if required.

Bio-Mex is a 3/4 length shell, supplied with a separate self-adhesive full length EVA top cover.

**Low Arch**

Our low arched Bio-Mex incorporates a concaved arch profile, designed specifically to support and correct a typical 'Pes Planus' foot type. Available in low (purple) and high (orange) density.



**Component kit includes:**

- 2 × 2", 4" and 6" rearfoot wedges
- 2 × 5mm heel lifts
- 2 × heel cushions
- 2 × full length EVA top covers

**Medium Arch**

Our medium arched Bio-Mex has been designed to mirror the profiling of our best selling Bio-Advanced orthotic and offers support/correction to patients with a medium arch profile. Available in low (purple) and high (orange) density.



**1 Bio-Mex Low Arch**      **2 Bio-Mex Medium Arch**

**Low Density**

7500222	X-Small	Purple
7500223	Small	Purple
7500224	Medium	Purple
7500225	Large	Purple
7500226	X-Large	Purple

**High Density**

7500232	X-Small	Orange
7500233	Small	Orange
7500234	Medium	Orange
7500235	Large	Orange
7500236	X-Large	Orange

**Low Density**

7500227	X-Small	Purple
7500228	Small	Purple
7500229	Medium	Purple
7500230	Large	Purple
7500231	X-Large	Purple

**High Density**

7500237	X-Small	Orange
7500238	Small	Orange
7500239	Medium	Orange
7500240	Large	Orange
7500241	X-Large	Orange



**Bio-Slimline**

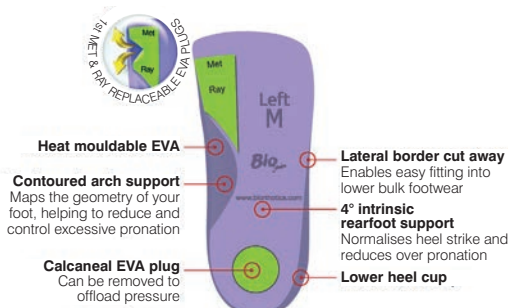
Bio-Slimline is a high quality EVA device incorporating low bulk heel cup design and a lateral cut away. Available in a low and medium density, the Bio-Slimline is easily customised through heat moulding and FREE components if required.

**Component kit includes:**

- 2 × 5mm heel lifts
- 2 × heel cushions
- 2 × calcaneal dell, 1st metatarsal head & ray replaceable plugs

**Intended for:** Low bulk and narrow fitting footwear including:

- Loafers
- Ladies (low heeled) dress shoes
- Low bulk sports shoes – including football boots, cleats and spikes



**3 Bio-Slimline Low Density**      **4 Bio-Slimline Medium Density**

7500202	X-Small
7500203	Small
7500204	Medium
7500205	Large
7500206	X-Large

7500207	X-Small
7500208	Small
7500209	Medium
7500210	Large
7500211	X-Large



## Bio-Fashion

Bio-Fashion is a superior EVA insole designed to fit into low bulk heeled footwear. Through the incorporation of an inner medial rearfoot post and a contoured arch support the device offers moderate levels of biomechanical control. The sulcus extension integrates a low density soft spot and metatarsal dome to reduce forefoot pressures.

**Intended for:** Ladies fashion and high heeled footwear. Bio-Fashion is often prescribed in conjunction with another device for everyday occasions



### 1 Bio-Fashion Low Density

- 7500194 X-Small
- 7500195 Small
- 7500196 Medium
- 7500197 Large

### 2 Bio-Fashion Medium Density

- 7500198 X-Small
- 7500199 Small
- 7500200 Medium
- 7500201 Large

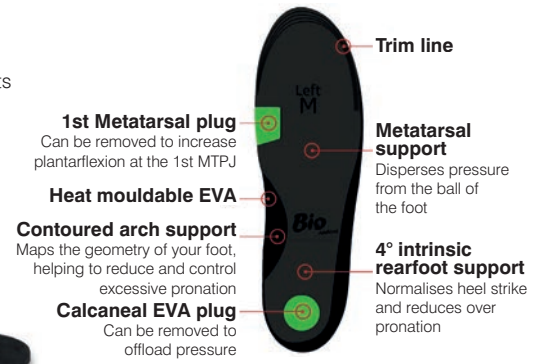
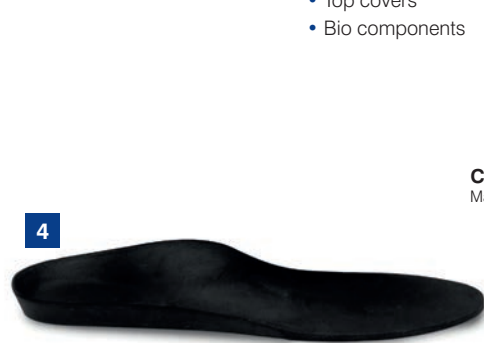


## Bio-Raw

Bio-Raw is a budget medium density EVA insole finished without a top cover for quick and easy chairside modification. The device integrates a contoured arch profile and intrinsic 4" rearfoot post for additional foot control.

**Intended for:** Clinicians requiring a budget orthotic which can be easily modified at chairside. Modification examples include:

- Grinding
- Heat moulding
- Top covers
- Bio components



### 3 Bio-Raw 3/4 Length

- 7500247 X-Small
- 7500248 Small
- 7500249 Medium
- 7500250 Large
- 7500251 X-Large

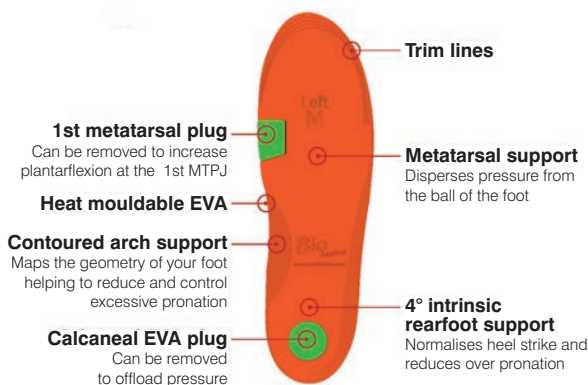
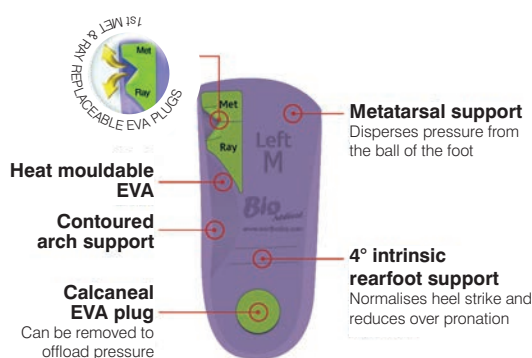
### 4 Bio-Raw Full Length

- 7500242 X-Small
- 7500243 Small
- 7500244 Medium
- 7500245 Large
- 7500246 X-Large



**Bio-Advanced**

- Available in full length or ¾ length



**Low Density**

Provides durability while offering moderate control with high levels of shock attenuation

**Intended for:** Softer control for older, arthritic or diabetic patients

**Medium Density**

An all round device offering support, control and shock absorbercy for sporting and everyday activities

**Intended for:** All round device for intermediate control and shock absorbercy

**High Density**

An all round device offering support, control and shock absorbercy for sporting and everyday activities

**Intended for:** All round device for intermediate control and shock absorbercy



**1 Bio-Advanced Low Density Purple ¾ Length**

- 7500103 X-Small
- 7500104 Small
- 7500105 Medium
- 7500106 Large
- 7500107 X-Large

**2 Bio-Advanced Medium Density Grey ¾ Length**

- 7500108 X-Small
- 7500109 Small
- 7500110 Medium
- 7500111 Large
- 7500112 X-Large

**3 Bio-Advanced High Density Orange ¾ Length**

- 7500113 X-Small
- 7500114 Small
- 7500115 Medium
- 7500116 Large
- 7500117 X-Large



**4 Bio-Advanced Low Density Purple Full Length**

- 7500118 X-Small
- 7500119 Small
- 7500120 Medium
- 7500121 Large
- 7500122 X-Large

**5 Bio-Advanced Medium Density Grey Full Length**

- 7500123 X-Small
- 7500124 Small
- 7500125 Medium
- 7500126 Large
- 7500127 X-Large

**6 Bio-Advanced High Density Orange Full Length**

- 7500128 X-Small
- 7500129 Small
- 7500130 Medium
- 7500131 Large
- 7500132 X-Large

**1**

**TRIO™**  
Support and correction for the medium arch foot

**TRIO™ 3/4 Length**

Antibacterial top cover

Deodoriser  
Stay Fresh  
Anti-odour

Inverting heel cup with intrinsic medial skive

Navicular support

Recessed 1st metatarsal cushion (Remove for placement of forefoot medial post)

Location for lateral post

Extrinsic 3° medial post

Location for additional medial biplanar heel post

Recessed lateral Poron® heel cushion

Left

Italian Made

**2**

**TRIO™**  
Support and correction for the medium arch foot

**TRIO™ Easy Fit**

Antibacterial top cover

Deodoriser  
Stay Fresh  
Anti-odour

Inverting heel cup with intrinsic medial skive

Navicular support

Recessed 1st metatarsal cushion (Remove for placement of forefoot medial post)

Lateral cut-away shape

Extrinsic 3° medial post

Location for additional medial biplanar heel post

Recessed lateral Poron® heel cushion

Left

Italian Made

### 1 Trio

#### Contoured for navicular support & 1st ray function

The TRIO foot orthosis is contoured to improve the ability of the medium arch foot to function correctly and eliminate the cause of pain. As this foot type is loaded with body weight, forces can overcome the natural tendency of the medial arch to lower. The keystone of the arch is the navicular bone and when this is excessively loaded, the foot's supporting structures become stressed as the midfoot becomes less stable. The loading force will also tend to reduce the 1st toe's ability to bend correctly. The TRIO orthosis resists excessive loading of the navicular whilst reducing stresses on the 1st toe joint. This normalising of forces, improves the ability of the medium arch foot to function correctly and support itself naturally. TRIO is also contoured to resist pronation forces at the sub-talar joint and is supplied with additional posts to customise the level of control for each foot.

MEDIUM density	¾ Length	Full Length
Size 1 ½-13 ½	<b>091345081</b>	<b>091349034</b>
Size 1-2	<b>091345073</b>	<b>091349026</b>
Size 3-4 ½	<b>091345131</b>	<b>091349083</b>
Size 5-6 ½	<b>091345115</b>	<b>091349067</b>
Size 7-8 ½	<b>091345107</b>	<b>091349059</b>
Size 9-10 ½	<b>091345099</b>	<b>091349042</b>
Size 11-12 ½	<b>091345123</b>	<b>091349075</b>
Size 13-14 ½	<b>091345149</b>	<b>091349091</b>

FIRM density	¾ Length	Full Length
Size 1 ½-13 ½	<b>091345008</b>	-
Size 1-2	<b>091344993</b>	<b>091348945</b>
Size 3-4 ½	<b>091345057</b>	<b>091349000</b>
Size 5-6 ½	<b>091345032</b>	<b>091348986</b>
Size 7-8 ½	<b>091345024</b>	<b>091348978</b>
Size 9-10 ½	<b>091345016</b>	<b>091348960</b>
Size 11-12 ½	<b>091345040</b>	<b>091348994</b>
Size 13-14 ½	<b>091345065</b>	<b>091349018</b>

### 2 Trio Easy Fit

#### Contoured for medial foot instability

The TRIO Easy Fit provides all the support required for the medial side of the foot without the need for lateral features. As a result this narrower device provides easier fitting in a wide variety of shoes. The TRIO Easy Fit orthosis is contoured to improve the ability of the medium arch foot to function correctly and eliminate the cause of pain. Additional control of pronation forces is provided by extra medial posts that are supplied with each pair.

<b>091348838</b>	Size 1-2 ½
<b>091348887</b>	Size 3-4 ½
<b>091348861</b>	Size 5-6 ½
<b>091348853</b>	Size 7-8 ½
<b>091348846</b>	Size 9-10 ½
<b>091348879</b>	Size 11-12 ½



Antibacterial top-cover

Transverse forefoot contouring

**1 Trio Slim Fit**

**Mild biomechanical control for fashionable shoes**

Many foot problems start while wearing closer fitting or fashionable shoes. This is often caused by a lack of support to the foot and higher pressures on the ball of the foot resulting from a higher heel. TRIO Slimfit is designed to reduce the forces that can lead to foot pain. An inner medial heel post reduces pronation forces that stress the arch of the foot and a gentle metatarsal dome stabilises the toe joints. Extra cushioning under the forefoot increases comfort and all these features combine to provide symptom relief and comfort from a low profile design.

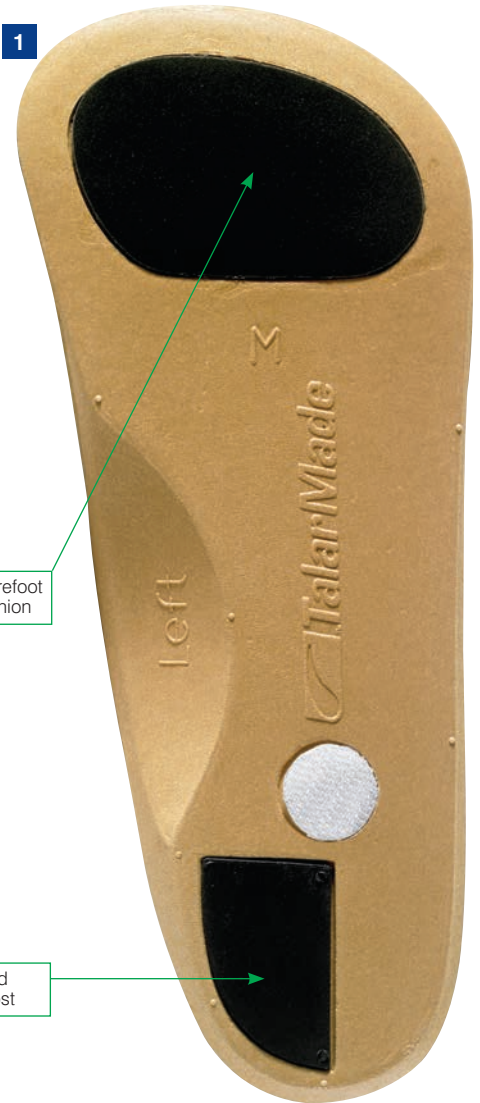
- 091344928** Size 3-4½
- 091344910** Size 5-6½
- 091344902** Size 7-8½
- 091344894** Size 9-10½

**2 Trio Additions**

Further customisation of a Trio orthotic can be made by using the Trio Additions range. This includes metatarsal domes to normalise forefoot pressures and heel elevators (4mm, 6mm and 8mm) to use in cases of ankle joint restriction or limb length differences. Sold in packs of 10.

Heel Elevators	4mm	6mm	8mm
Small	<b>091349125</b>	<b>091349158</b>	<b>091349182</b>
Medium	<b>091349117</b>	<b>091349141</b>	<b>091349174</b>
Large	<b>091349109</b>	<b>091349133</b>	<b>091349166</b>

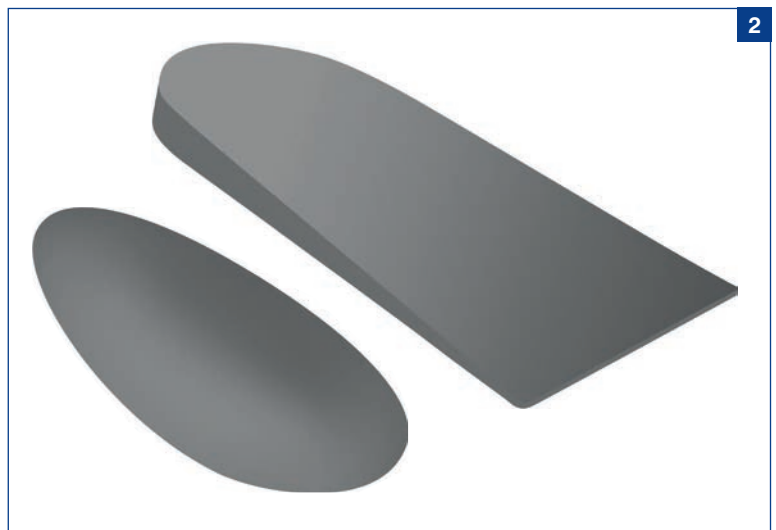
Met Domes	
Small	<b>091349240</b>
Medium	<b>091349232</b>
Large	<b>091349224</b>



1

Recessed forefoot Poron® cushion

Recessed medial post



2

1



## 1 Trio Heel Pain

Contoured to reduce loading of the plantar heel. Heel pain is one of the most common foot complaints and usually involves the plantar fascia.

This is a strong ligament like structure that supports the arch of the foot. It is attached to the medial side of the heel and resists forces that produce a strain as the foot bears weight. Pronation forces can increase the lowering of the arch and this change in strain can lead to heel pain.

The Trio Heel Pain orthosis is contoured to support the navicular bone of the arch, directly reducing the cause of plantar fascia strain. Higher loading forces under the heel can also lead to inflammation of the skin and supporting structures of the foot.

The Trio Heel Pain orthosis features a large cushioning protection for the softer structures under the heel bone and is contoured to fit comfortably within a wide range of shoes.

### Features:

- Provides Excellent Talo-Navicular and arch support
- Intrinsic 4 degree medial heel wedge
- Intrinsic 1st MTH and heel cushioning
- Available in 3/4 length medium density EVA
- Microfibre top cover

### Benefits:

- Plantar and posterior heel pain
- Plantar fasciitis
- Metatarsalgia
- Functional hallux limitus
- Patellofemoral pain syndrome
- Posterior tibial tendonitis
- Hallux valgus/limitus
- Biomechanical functional control where midfoot control is required

	Size	UK Shoe
<b>091349216</b>	Small	5-6.5
<b>091349208</b>	Medium	7-8.5
<b>091349190</b>	Large	9-10.5

## 2 Poron 4000 Grey Insoles

**091262047** 3mm Cut to size

2



## 1 Superflex

Superflex Insole is a thin moulded EVA insole with a strengthened deep heel cup.

	Size	UK Shoe
<b>091262088</b>	X-Small	2.5-4
<b>091262104</b>	Small	4.5-6
<b>091262120</b>	Medium	6.5-8
<b>091262054</b>	Large	8.5-10
<b>091262146</b>	X-Large	10.5-12

## 2 Superflex Plus

A reinforced EVA insole with a hard EVA stabiliser on the base. Comes with a deep heel cup and longitudinal arch to provide increased support.

	Size	UK Shoe
<b>091270354</b>	Small	4.5-6
<b>091270370</b>	Medium	6.5-8
<b>091270396</b>	Large	8.5-10
<b>091270412</b>	X-Large	10.5-12

## 3 Superflex Ultra

An EVA insole with rigid nylon base which makes it ideal for heavier patients. Quick dry, moisture absorbing covering material.

	Size	UK Shoe
<b>091326412</b>	X-Small	2.5-4
<b>091326438</b>	Small	4.5-6
<b>091326453</b>	Medium	6.5-8
<b>091326479</b>	Large	8.5-10

## 4 X-Line™

An effective device offering an introduction to simple foot orthoses. Versatile, easy to use and low volume in shoes. Flat bottomed, so wedge can be applied easily. A deep heel cup offers more stability and added patient comfort. A midfoot saddle improves biomechanical control. A 1st ray 'Dell' improves 1st ray mobility.

	Size	UK Shoe
<b>091273044</b>	Small	Size 3-5
<b>091273036</b>	Medium	Size 6-8
<b>091273028</b>	Large	Size 9-11
<b>091273051</b>	X-Large	Size 12-14

## 5 X-Line™ Extra

Includes a pair of X-Lines insoles and 4 and 8 degree rearfoot posts.

	Size	UK Shoe
<b>091324334</b>	Small	Size 3-5
<b>091324342</b>	Medium	Size 6-8
<b>091324359</b>	Large	Size 9-11
<b>091324367</b>	X-Large	Size 12-14



**£ PRICES**  
For up-to-date prices please see our Website, alternatively contact your Sales Representative or Customer Services.



### 1 Vectorthotic Modifications

Vectorthotics can be customised to patient's requirements in minutes and provide levels of control equivalent to custom devices. Vectorthotic manufacturers have followed a radical design programme in the development of foot orthoses using the latest in 3D CAD design and significant investment in injection mould tooling.

The primary driving force was their recognition of the practitioners need to be able to fit their patient's with a tailored high quality and durable foot orthosis right there in the clinic.

#### Size

- 091273168** 5-6
- 091273150** 6-7
- 091273143** 7-8
- 091273135** 8-9
- 091273127** 9-10
- 091273119** 11-12



### 1 Vasyli Dananberg Orthotic

Professional orthotic device with removable 1st ray sections. The proximal and distal plugs can be removed individually or together as necessary. Due to variations experienced in the length of a patient's foot/toes, the plugs can be removed when the orthotic is fitted, ensuring the head of the 1st Metatarsophalangeal Joint coincides with the removed plug. In cases where maximum effect is required (Structural Hallux Limitus) both plugs can be removed to provide a large area of low resistance to encourage 1st ray function.

Rearfoot correction: 6 degree.

- 091185362** X-Small 3-4 1/2
- 091185354** Small 5-6 1/2
- 091185347** Medium 7-8 1/2
- 091185339** Large 9-10 1/2
- 091185321** X-Large 11-12 1/2

### 2 Vasyli Armstrong Orthotic

Designed to relieve the pressure on sensitive feet, ideal for diabetic or arthritic feet. The Vasyli Armstrong Orthotic addresses the key problem areas of shearing/friction and pressure. By utilising patented Glidesoft technology this unique combination of construction and materials has been scientifically shown to reduce shear pressures by over 50% and dramatically reduces the onset of plantar ulcers, compared to conventional diabetic insoles.

Rearfoot correction: 4 degree.

- 091185743** Small 5-6 1/2
- 091185750** Medium 7-8 1/2
- 091185768** Large 9-10 1/2
- 091185776** X-Large 11-12 1/2

### 3 Vasyli Hoke Orthotic

Designed for the more complex and biomechanically challenging pes cavus foot types where patients compensate with too much supination as they walk. The foot that is excessively supinated transmits shock to the ankle, knee and hip. It also lacks the mobility to adapt to uneven surfaces. The Vasyli Hoke Orthotic is designed to address the foot pathologies created as a result of excess supination.

Rearfoot correction: Neutral.

- 091560697** X-Small 3-4 1/2
- 091560705** Small 5-6 1/2
- 091560713** Medium 7 - 8 1/2
- 091560721** Large 9 - 10 1/2
- 091560739** X-Large 11 - 12 1/2

### 4 Vasyli McPoil Orthotics

The VASYLI McPoil orthotic is based on a dual-density construction designed to allow for normal foot pronation but to prevent over pronation. Ideal for conditions of hypermobility or Achilles stress resulting from traumatic supination (sports injuries), the VASYLI + McPoil provides relief and enhances recovery. Tom McPoil has utilised this construction during decades of practice, treating a wide range of lower-limb biomechanical disorders in both athletes and nonathletes. Vasyli's expertise in orthotic design and manufacture enabled Tom's successful in-house product to become available to practitioners around the world.

Rearfoot correction: 6 degree.

- 091560648** X-Small 3-4 1/2
- 091560655** Small 5-6 1/2
- 091560663** Medium 7-8 1/2
- 091560671** Large 9-10 1/2
- 091560689** X-Large 11-12 1/2





### Vasyli Custom

Vasyli custom orthotics are available in low, medium and high density to offer a solution for patients at different weights and activity levels. They feature Triplanar Motion Control™ giving the ability to control foot function in all 3 cardinal planes: frontal, transverse, and sagittal.

#### 1 Green Custom – Low Density Orthotic

Softer density EVA with mild functional control.

	UK Shoe Size	Full length	¾ length
Paediatrics	1-2½	<b>091185503</b>	<b>091185198</b>
X-Small	3-4½	<b>091185495</b>	<b>091185180</b>
Small	5-6½	<b>091185487</b>	<b>091185172</b>
Medium	7-8½	<b>091185479</b>	<b>091185164</b>
Large	9-10½	<b>091185461</b>	<b>091185156</b>
X-Large	11-12½	<b>091185453</b>	<b>091185149</b>

#### 2 Blue Custom – Medium Density Orthotic

Medium density EVA provides excellent biomechanical control for general everyday use. Rearfoot correction: 6 degree.

	UK Shoe Size	Full length	¾ length
Paediatrics	Y12-Y13	<b>091185586</b>	<b>091185271</b>
Paediatrics	1-2½	<b>091185578</b>	<b>091185263</b>
X-Small	3-4½	<b>091185560</b>	<b>091185255</b>
Small	5-6½	<b>091185552</b>	<b>091185248</b>
Medium	7-8½	<b>091185545</b>	<b>091185230</b>
Large	9-10½	<b>091185537</b>	<b>091185222</b>
X-Large	11-12½	<b>091185529</b>	<b>091185214</b>
XX-Large	13-14½	<b>091185511</b>	<b>091185206</b>

#### 3 Red Custom – High Density Orthotic

High performance orthotics with red high density EVA.

	UK Shoe Size	Full length	¾ length
Paediatrics	Y12-Y13	–	<b>091185131</b>
Paediatrics	1-2½	<b>091185438</b>	<b>091185123</b>
X-Small	3-4½	<b>091185420</b>	<b>091185115</b>
Small	5-6½	<b>091185412</b>	<b>091185107</b>
Medium	7-8½	<b>091185404</b>	<b>091185099</b>
Large	9-10½	<b>091185396</b>	<b>091185081</b>
X-Large	11-12½	<b>091185388</b>	<b>091185073</b>
XX-Large	13-14½	<b>091185370</b>	<b>091185065</b>

#### 4 Forefoot Valgus Wedges

Valgus wedges for forefoot posting. 5 pairs per pack.

**091184423** 4" Wedge  
**091184811** 6" Wedge

#### 5 Forefoot Varus Wedges

Varus wedges for forefoot posting. 5 pairs per pack.

**091184829** 2° Wedge  
**091184837** 4° Wedge  
**091184845** 6° Wedge

#### 6 Heel Lifts

Heel lift to reduce stress on the Achilles tendon, lower leg structures, Equinus conditions etc. 5 pairs per pack.

**091184852** 4mm Small  
**091184860** 4mm Medium  
**091184878** 4mm Large  
**091184886** 6mm Small  
**091184894** 6mm Medium  
**091184902** 6mm Large  
**091184910** 8mm Small  
**091184928** 8mm Medium  
**091184936** 8mm Large

#### 7 Metatarsal Raise

To provide extra lift and support to the metatarsal area. 5 pairs per pack.

**091184944**

#### 8 Rearfoot Varus Wedges

Varus wedges for rearfoot posting. 5 pairs per pack.

**091184951** 2° Wedge  
**091184969** 4° Wedge

**Vasyli Pro**

Premium medical grade materials, moulded and ready to use – may be placed directly into patient’s shoe without modification. Low/medium density for high levels of comfort and compliance.

**1 Vasyli Pro Full Length**

Designed for footwear that features any type of removable insole. Rearfoot correction: 4 degree.

- 091272384** Size 1-2.5
- 091272376** Size 3-4.5
- 091272350** Size 5-6.5
- 091272343** Size 7-8.5
- 091272335** Size 9-10.5
- 091272368** Size 11-12.5

**2 Vasyli Pro ¾ Length**

Lateral cutaway provides an easyfit into everyday footwear. Rearfoot correction: 4 degree.

- 091272442** Size 1-2.5
- 091272434** Size 3-4.5
- 091272418** Size 5-6.5
- 091272400** Size 7-8.5
- 091272392** Size 9-10.5
- 091272426** Size 11-12.5

**3 Vasyli Pro Slimfit**

Designed to fit inside ladies’ high heel court shoes. The flexible base allows easy contouring of the shank of the shoe. Rearfoot correction: 2 degree.

- 091272285** Size 3-4.5
- 091272277** Size 5-6.5
- 091272269** Size 7-8.5

**4 Extended Slimfit 2° Custom Orthotics**

Specifically designed to fit ladies’ fashion shoes features a built-in metatarsal raise. The flexible base allows easy contouring of the shank of the shoe. The rearfoot angle is reduced to 2° due to the high heel factor. A built-in metatarsal raise ensures correct alignment of the metatarsal bones.

- 091185628** X-Small     Size 3-4½
- 091185610** Small         Size 5-6½
- 091185602** Medium     Size 7-8½
- 091185594** Large         Size 9-10½

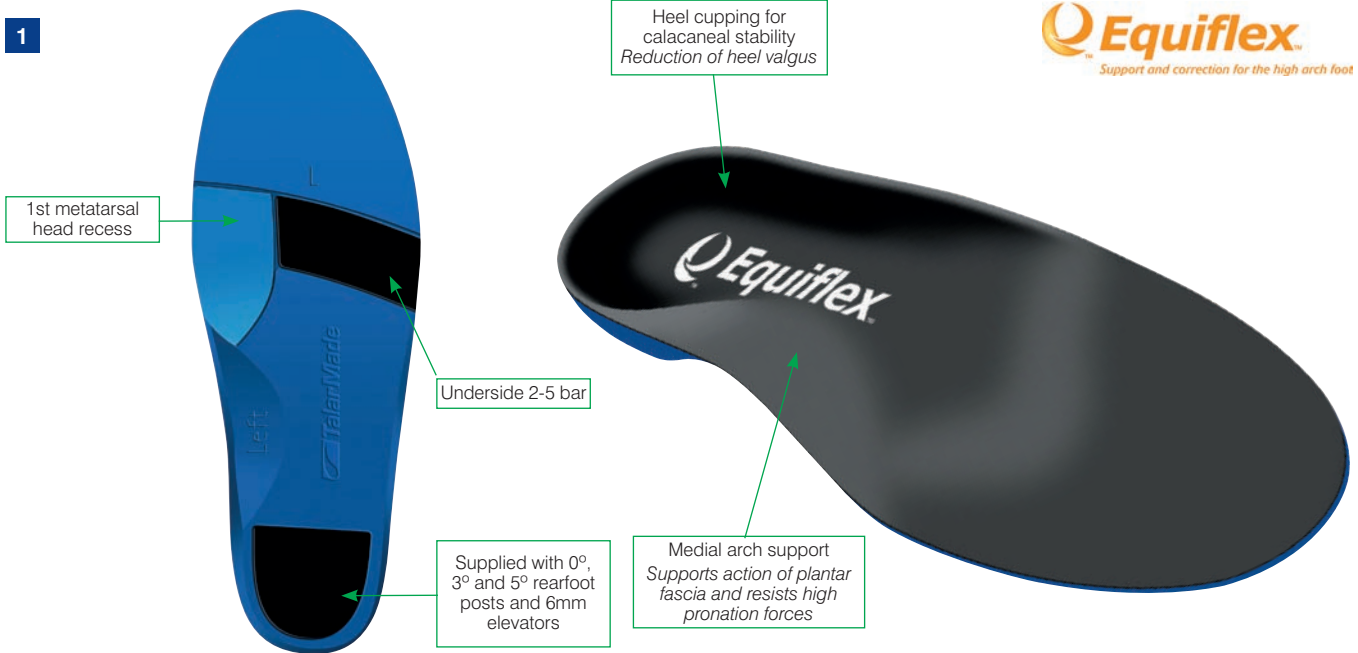
**5 Easyfit Orthotics 6° Custom Orthotics**

Medium density 6° orthotic with a lateral cut-away providing an easy fit into hard-to-fit footwear. Designed to fit into men’s moccasins, loafers and ladies’ low heeled court shoes.

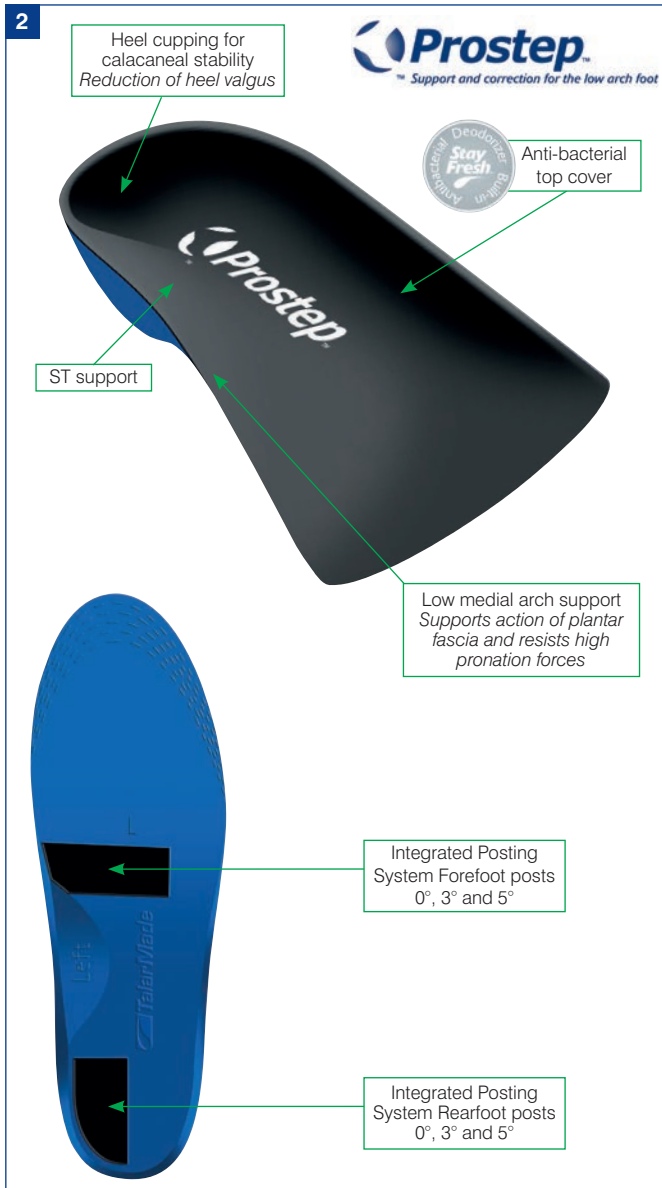
- 091185636** Paediatrics     Size 1-2½
- 091185644** X-Small         Size 3-4½
- 091185651** Small             Size 5-6½
- 091185669** Medium         Size 7-8½
- 091185677** Large             Size 9-10½
- 091185685** X-Large         Size 11-12½



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### 1 Equiflex

#### Contoured for equinus and lateral loading correction

The Equiflex foot orthosis is contoured to improve the ability of the high arch foot to function correctly and eliminate the cause of pain. Equiflex will elevate the heel position, reduce 1st toe joint pressure, encourage a normal acceptance of body weight and reduce lateral instability. Equiflex can be modified using the 0°, 3° or 5° medial or lateral posts.

	Medium Density	Firm Density
Size 3½-4½	<b>091348374</b>	<b>091348432</b>
Size 5-6	<b>091348382</b>	<b>091348440</b>
Size 6½-7½	<b>091348390</b>	<b>091348457</b>
Size 8-9	<b>091348408</b>	<b>091348465</b>
Size 9½-10½	<b>091348416</b>	<b>091348473</b>
Size 11-12	<b>091348424</b>	<b>091348481</b>

### 2 Prostep

#### Contoured to restore TNJ & 1st Ray function

The Prostep foot orthosis is contoured to improve the ability of the low arch foot to function correctly and eliminate the cause of pain. By physically supporting the ST (sustentaculum tali), reducing 1st Ray pressure and custom posting the heel and forefoot, forces are normalised, function is restored and symptoms resolved. Prostep can be modified using the 0°, 3° or 5° medial or lateral posts.

	Medium Density	¼ Length	Full Length
Size 3½-4½	<b>091347368</b>		<b>091347525</b>
Size 5-6	<b>091347392</b>		<b>091347558</b>
Size 6½-7½	<b>091347400</b>		<b>091347566</b>
Size 8-9	<b>091347418</b>		<b>091347574</b>
Size 9½-10½	<b>091347426</b>		<b>091347582</b>
Size 11-12	<b>091347434</b>		<b>091347590</b>
	Firm Density	¼ Length	Full Length
Size 3½-4½	<b>091347442</b>		<b>091347608</b>
Size 5-6	<b>091347475</b>		<b>091347632</b>
Size 6½-7½	<b>091347483</b>		<b>091347640</b>
Size 8-9	<b>091347491</b>		<b>091347657</b>
Size 9½-10½	<b>091347509</b>		<b>091347665</b>
Size 11-12	<b>091347517</b>		<b>091347673</b>

## 1 Lynco® Sports W/Met

Lynco Sports W/Met provides immediate relief from Metatarsal (ball-of-foot) pain. It supports the longitudinal arch and offers unmatched comfort and shock absorption. Specify size when ordering. Sold in pairs.

**091349943** Men      Sizes 5-12  
**091350172** Women      Sizes 3-9

## 2 Lynco® 'Posted' Sports

Lynco® 'Posted' Sports provides relief from plantar-fasciitis and post-tib tendonitis. It controls over pronation and offers unmatched comfort and shock absorption. Specify size when ordering. Sold in pairs.

**091350099** Men      Sizes 5-12  
**091350206** Women      Sizes 3-9

## 3 Silipos Gel Full Insoles

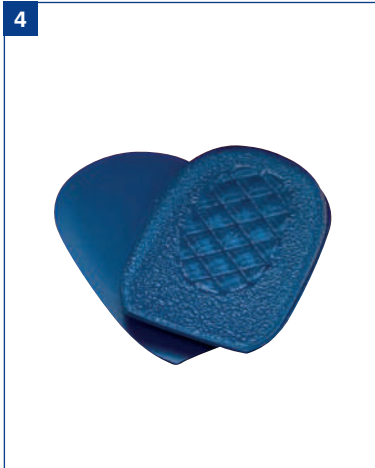
Full length insole is a softer, multi-density silicone insole designed to absorb shock under high pressure areas while supporting the rest of the foot. Multiple vents enhance air circulation.

- Softer multi-density silicone absorbs shock under high pressure areas while supporting the rest of the foot
- Ideal as a replacement for shoes with removable insoles
- Relief for heel, arch, and forefoot problems
- Multiple vents enhance air circulation
- Latex free and hypoallergenic

**091261650** Medium      Sizes 6.5-9  
**091261668** Large      Sizes 9.5-12.5



**RETAIL PACKAGED**  
 These products are supplied in retail packaging.



## Cambion®

Cambion visco-elastic polymer insoles and heel cushions offer superior protection from the impact of the heel on hard surfaces. These inserts are designed to protect the foot and the skeletal system from the jarring effects of heel strike. This is accomplished by absorbing and dissipating energy generated by heel strike as well as redistributing underfoot pressure.

### 1 Full Length Insoles

- 091218742 Size 1-3
- 091218718 Size 4-6
- 091218726 Size 7-9
- 091218734 Size 10-12

### 2 Heel Spur Cushion

- 091218643 Size 1-3
- 091218650 Size 4-6
- 091218627 Size 7-9
- 091218635 Size 10-12

### 3 Posted Heel Cushion

- 091218700 Size 1-3
- 091218676 Size 4-6
- 091218684 Size 7-9
- 091218692 Size 10-12

### 4 Heel Pad

- 091218577 Size 1-3
- 091218585 Size 4-6
- 091218593 Size 7-9
- 091218601 Size 10-12

### 5 Longitudinal Arch Pad

- 091218528 Size 3-6
- 091218510 Size 7-10

### 6 Corrective Heel Wedge

- 091281146 6.4mm Size 3-6
- 091281153 6.4mm Size 7-10

### 7 Metatarsal Pad

- 091218502 Size 1-5
- 091218494 Size 6+

### 8 PQ Heel Lift (Single)

- |           |           |           |     |
|-----------|-----------|-----------|-----|
| Size 3-5  | Size 6-8  | Size 9-11 |     |
| 091260934 | 091260926 | 091260918 | 6mm |
| 091260967 | 091260959 | 091260942 | 9mm |

## Spenco RX

Spenco RX™ Products are made exclusively with closed-cell nitrogen-injected Spenco® material. This unique cushioning system provides a soft “comfort bubble environment” to help absorb shock, reduce friction and improve overall foot comfort. Unconditionally guaranteed for one full year.

### 1 Spenco RX™ Orthotic Arch Supports

Specifically designed to help control the position of the feet. They are shaped to help stabilise and balance the foot and to provide the extra comfort and support needed for optimum performance. This unique cushioning system helps absorb shock, reduce friction and improve overall foot comfort.

Size	<sup>3</sup> / <sub>4</sub> Length	Full Length
2-3	<b>091264282</b>	–
4-5	<b>091264225</b>	<b>091326578</b>
5-6	<b>091264233</b>	<b>091326586</b>
7-8	<b>091264241</b>	<b>091326594</b>
9-10	<b>091264258</b>	<b>091326602</b>
11-12	<b>091264266</b>	<b>091326610</b>
13-14	–	<b>091326628</b>

### 2 Spenco RX™ Arch Cushions

Same long-lasting quality insole material as the slip-in insole but with an added soft arch cushion for extra comfort.

Size	<sup>3</sup> / <sub>4</sub> Length	Full Length
2-3	<b>091281963</b>	<b>091264134</b>
4-5	<b>091264050</b>	<b>091264142</b>
5-6	<b>091264100</b>	<b>091264100</b>
7-8	<b>091264068</b>	<b>091264167</b>
9-10	<b>091264076</b>	<b>091264175</b>
11-12	<b>091264084</b>	<b>091264183</b>
13-14	<b>091264092</b>	<b>091264191</b>

### 3 Spenco Ironman SportPlus (Trim to Fit)

The Ironman SportsPlus replacement insoles have been specifically designed to help ease the foot into the correct position for improved stability and athletic performance. Anatomical Centering Device helps correctly position the foot for stability. Crash Pads absorbs impact and shock that affect the forefoot and heel. Polyurethane Foot Bed provides superior energy return for better performance.

**091326636** Size 5-7  
**091326644** Size 8-12



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# GelSmart



## So, what is SmartGel®?

Specialists can now more easily provide the best relief for various health issues by choosing condition-specific materials based on four patented **SmartGel** formulas. These formulas are produced with scientifically superior gel materials and are infused with natural botanicals, essential oils and vitamins.

With these natural additives, the health professional can target specific patient skin conditions and risk factors, all while skin cell health is maintained and growth is enhanced. This new GelSmart line is the most advanced option for successful treatment, as it uses the best technology science can offer and has been independently tested. The natural additives in each of the formulas have properties designed to address the issues of a particular patient profile. Whether to protect a diabetic patient, or to help improve post-op or long-term scarring, GelSmart products with **SmartGel** Technology bring care to the next level.

**SmartGel** is the natural progression of GelSmart  
 – The smart direction for our future...and yours.

### Look out for the GelSmart icons next to each product.

These will aid your choice of the unique and revolutionary technology used in each GelSmart product.



- Closest to natural skin
- Non-restrictive cushioning
- Naturally healing formula
  - Vitamin enriched



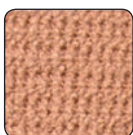
- Ceramides for natural hydration
  - Shea butter for softening
- Anti-inflammatory formulation
- Naturally healing aloe



- Medical grade load sparing materials
  - Excellent shape retention
  - Ultimate shock absorption



- Vitamin A for improved skin appearance
  - Vitamin E for natural healing
  - Vitamin F essential fatty acids
- Softening and smoothing formula



- Mesh Fabric Products:**
- Light Compression
  - More Stretch



- Rib Fabric Products:**
- Moderate Compression
  - Less Stretch
  - Anti-microbial

- All-Gel Products:**
- Highly Elastic & Conforming
  - 'Skin-Like' Feel



## GelSmart's Proprietary Gel Formulations



This advanced oil based polymer gel slowly releases medical grade mineral oil and vitamins that soften and moisturize skin. M-Gel is cost-effective for most applications including: orthopaedic products, prosthetic and orthotic products and wound care. Dermatologist tested, hypoallergenic, odourless, washable, and reusable.

**New SmartGel Natural Ingredients:**  
 Vitamin E, Vitamin F forte, Shea Butter and Aloe Vera



Next generation, highly elastic and comforting, advanced thermoplastic gel polymer. M2-Gel is enriched with medical grade mineral oil and vitamins. M2-gel protects, cushions, and reduces shear and abrasion forces to the area of the body where the gel is applied. Dermatologist tested, hypoallergenic, odourless, washable, and reusable.

**New SmartGel Natural Ingredients:**  
 Vitamin E, Aloe Vera & USP Mineral Oil



Silicone is considered an excellent material for improving the appearance of scars. S-Gel is ideally suited for use in a wide range of medical products including: orthopaedic devices, prosthetic liners, and wound and scar management. The 100% medical grade silicone is soft, hypoallergenic, durable, and washable.

**New SmartGel Natural Ingredients:**  
 Olive Oil, Grape Seed Oil, and Vitamin E



GelSmart's T-Gels are oil-based TPE gels available in soft to firm durometers. Unlike our mineral-oil based gels, T-gels exude virtually no oil on contact with the skin. T-Gels are ideal for use in cushioning and shock-absorption products such as insoles and heel cups. They also perform extremely well in uses ranging widely from medical devices and personal care, to sporting goods products.



Next generation shock absorbing U-Gel is ideal for off loading pressure over a bony prominence. U-Gel can be applied directly against the skin or against another surface area such as a splint or brace. U-Gel absorbs shock and shear forces and will not bottom out. New Never Slip™ technology with its high tack capability will adhere to most surface areas over an extended period of time. Hypo-allergenic, washable, and reusable.



Offering new Smart Gel formulas and products in five different formulations, Gel Smart are consistently ahead of the competition. Made from medical grade visco-elastic compounds and are non-allergenic and dermatologist tested. All products are washable for reuse on a single user and can be trimmed to size.

### 1 M-Gel Digital Pad

Helps relieve pain from corns, blisters, hammer toes, calluses and digital trauma.

<b>091345289</b>	Mini	15mm	Pair
<b>091345297</b>	Small-Medium	20mm	Pair
<b>091345305</b>	Large-XLarge	25mm	Pair

### 2 M-Gel Digital Strip

Reduces friction and irritation between toes. Helps relieve pain from soft corns, overlapping toes, nail problems and bunions.

<b>091345651</b>	Mini	15mm	Each
<b>091345636</b>	Small-Medium	20mm	Each
<b>091345644</b>	Large-XLarge	25mm	Each

### 3 M-Gel Digital Fully Coated Gel Cap

Superior cushioning, protection and relief for corns, calluses, nails and cuticles, hammer toes and partially amputated digits.

<b>091345446</b>	Small-Medium	Pair
<b>091345453</b>	Large-XLarge	Pair
<b>091345479</b>	XXLarge	Pair

### 4 M-Gel Digital Fully Coated Gel Tubing

Helps relieve pain from corns, calluses, nail problems, dry cuticles, abrasions.

<b>091345685</b>	Ribbed	20mm	Each
<b>091345693</b>	Ribbed	25mm	Each
<b>091345701</b>	Mesh	20mm	Each
<b>091345719</b>	Mesh	25mm	Each

### 5 M2-Gel All Gel Caps

Superior cushioning, protection and relief for corns, calluses, nails and cuticles, hammer toes and partially amputated digits. Product has skin-like properties.

<b>091345545</b>	Small-Medium	Pair
<b>091345552</b>	Large-XLarge	Pair
<b>091345560</b>	XXLarge	Pair

### 6 M2-Gel All Gel Tubes

Provides protection and comfort for nail problems, dry or cracked cuticles, corns, hammer toes, kerotic lesions and partially amputated digits. Product has skin-like properties.

<b>091345370</b>	Small	Pair
<b>091345388</b>	Medium	Pair
<b>091345396</b>	Large	Pair

### 7 M2-Gel Toe Separators

Helps relieve pain from soft corns, overlapping toes, nail problems and bunions.

<b>091345578</b>	Small	Pair
<b>091345586</b>	Medium-Large	Pair
<b>091345594</b>	Large-XLarge	Pair

### 8 M-Gel Toe Spreaders

For straightening and aligning toes and relieving pressure from bunions. Pair.

<b>091345602</b>	Small
<b>091345610</b>	Medium
<b>091345628</b>	Large



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## GelSmart

Offering new Smart Gel formulas and products in five different formulations, Gel Smart are consistently ahead of the competition. Made from medical grade visco-elastic compounds and are non-allergenic and dermatologist tested. All products are washable for reuse on a single user and can be trimmed to size.

### 1 M-Gel Toe Spreader with Fabric

Reduces irritation between your toes. Soft fabric tubing is easy to apply to toes.

<b>091420249</b>	Small-Medium	Pair
<b>091420256</b>	Large-XLarge	Pair

### 2 M2-Gel Toe Crests

To ease discomfort from hammer, claw and mallet toes.

<b>091346063</b>	Small	Right	Each
<b>091346071</b>	Small	Left	Each
<b>091346089</b>	Medium	Right	Each
<b>091346097</b>	Medium	Left	Each
<b>091346105</b>	Large	Right	Each
<b>091346113</b>	Large	Left	Each

### 3 M2-Gel Metatarsal Pad

Soft gel cushions and supports while effectively absorbing shock and shear forces. Ideal for fat pad atrophy and Metatarsalgia.

<b>091346022</b>	Small	Right	Each
<b>091346030</b>	Small	Left	Each
<b>091346048</b>	Large	Right	Each
<b>091346055</b>	Large	Left	Each

### 4 M-Gel Universal Met Strap

Relieves burning sensation under the metatarsal heads and other pain from calluses, Morton neuromas and atrophy of the fat pad.

<b>091345727</b>	Small-Medium	Right	Each
<b>091345735</b>	Small-Medium	Left	Each
<b>091345743</b>	Large-XLarge	Right	Each
<b>091345750</b>	Large-XLarge	Left	Each

### 5 M-Gel Bunion Relief Sleeve

Soft flexible foot pad for protecting bunions by absorbing shock and shear forces.

<b>091345784</b>	Small	Each
<b>091345792</b>	Large	Each

### 6 S-Gel Self Adhesive Sheet

For use anywhere on the body for relief from friction and spot pressure on contact. 2mm thick with fabricSmart antimicrobial top cover. Self-adhesive silicone surface will adhere to delicate skin. Can be easily removed, washed and reapplied.

<b>091346121</b>	63×76mm	Each
<b>091346139</b>	102×152mm	Each



Offering new Smart Gel formulas and products in five different formulations, Gel Smart are consistently ahead of the competition. Made from medical grade visco-elastic compounds and are non-allergenic and dermatologist tested. All products are washable for reuse on a single user and can be trimmed to size.

### 1 S-Gel Bunion Relief Sleeve W/Gel Met Pad

Protects bunion joint and cushions metatarsal head. Reversible.  
**091536556** Small  
**091536564** Medium

### 2 S-Gel Thin Forefoot Cushion

Reduces pressure, friction associated with metatarsalgia and neuroma. Two toe loops to prevent sliding.  
**091536598** Small/Medium  
**091536606** Large/Extra Large

### 3 M-Gel Achilles Heel Protection Sleeve

Relieves, soothes and moisturises sore fatigued or injured achilles tendon.  
**091514165** Small/Medium  
**091514173** Large/Extra Large

### 4 M-Gel Ankle Protection Sleeve

Protects ankle bones.  
**091514181** One size

### 5 M-Gel Dorsum Protection Sleeve

Protects top of foot and achilles tendon by reducing pressure, shear forces and friction from footwear.  
**091536655** Small  
**091536663** Large

### 6 M2-Gel Toe Bunion Guard

Ideal for protection of the hallux bunion from friction and pressure.  
**091345800** One size                      Each





# GelSmart

Offering new Smart Gel formulas and products in five different formulations, Gel Smart are consistently ahead of the competition. Made from medical grade visco-elastic compounds and are non-allergenic and dermatologist tested. All products are washable for reuse on a single user and can be trimmed to size.

### 1 M-Gel Achilles/Dorsum Protection Sleeve

Protection for both top of the foot and Achilles tendon by reducing pressure, shear forces and friction from shoes.

**091536671** Small/Medium

**091536689** Large/Extra Large

### 2 M-Gel Body Pads

Soft formulation for anywhere on the body to offload pressure and absorb shock or shear forces.

**091536614** Disc 10cm Adhesive

**091536622** Disc 10cm

**091345834** Square 10cm

**091345842** Square 10cm Adhesive

### 3 M-Gel ExerFeet™ Toe Stretcher

Flexible, soft gel infused with 7 botanical oils to soothe skin between toes. Provides healthy stretch to toes for relaxing therapy. Straightens and realigns toes to restore flexibility and circulation. May alleviate bunions & metatarsalgia.

**091536945**

**091536952**

### 4 Gelsmart Toe Spreader with Loop

- Helps reduce friction/irritation and helps provide relief on the bunion joint
- Flexible gel toe loop maintains the toe spreader in position
- Anatomically molded to fit comfortably between the toes
- Dermatologist tested and hypoallergenic

**091514249** Medium (Each)

**091514256** Large (Each)

### 5 Gelsmart M Gel Pressure Sensitive Dots

M-Gel Dots GelSmart™ M-Gel Dots may be used to reduce abrasion, friction and pressure in either a splint, cast, brace liner or footwear.

Gel slowly releases medical grade mineral oil (USP) which softens and moisturises skin. Moisturises skin on contact.

Absorbs pressure and friction. Washable and reusable.

**091345859** 1<sup>5</sup>/<sub>25</sub>" 4mm 3pk



## 1 Silipos Digital Caps™

Fully lined with Silipos polymer gel for all round digital protection. Fits toes or fingers (average cap length is 2.5"/6.5cm) and can be cut to size.

<b>091130871</b>	Mesh	One Size	Pack of 8
<b>091130889</b>	Ribbed	Mini	Pack of 6
<b>091130897</b>	Ribbed	Small / Medium	Pack of 6
<b>091130905</b>	Ribbed	Large / X-Large	Pack of 6



## 2 Silipos All Gel Digital Caps

Made with new longer lasting thermoplastic elastomer. Helps reduce discomfort caused by corns, blisters, and ingrown nails. Wear with sandals or open-toe shoes.

<b>091261114</b>	Small / Medium	Pack of 2
<b>091261148</b>	Large / X-Large	Pack of 2



## 3 Silipos Digital Pad™

Protects toes and fingers from friction and abrasion. Use where corns, calluses, and hammer toes cause discomfort.

<b>091261585</b>	Mini	Pack of 12
<b>091261593</b>	Small / Medium	Pack of 12
<b>091261684</b>	Large / X-Large	Pack of 12

## 4 Silipos Digital Pad on a Strip™

Mineral oil gel pads on a continuous strip. Elastic tube is easy to cut to preferred size. Product is turned inside out so gel can be applied to skin. (2 strips per pack).

<b>091261452</b>	Small / Medium	Strip of 16
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## 5 Silipos Digistrip™

Half coated with mineral oil gel. Elastic tubing is easy to cut to preferred size. Once cut, product is turned inside out so gel can be applied to skin. Approx 20 toe protectors per strip.

<b>091261783</b>	Narrow 60cm	Pack of 2
<b>091261775</b>	Medium 60cm	Pack of 2
<b>091261791</b>	Wide 60cm	Pack of 2

## 6 Silipos Gel Tubing™

Fully lined with Silipos polymer gel. Provides all round digital protection. Can be cut to size required for toes.

<b>091130913</b>	Mesh	Narrow	2×15cm	Pack of 3
<b>091130921</b>	Mesh	Wide	7.6×25.4cm	Pack of 1
<b>091130939</b>	Knitted	Narrow	2×15cm	Pack of 2
<b>091130947</b>	Knitted	Wide	2.5×15cm	Pack of 2



## 7 Silipos Gel Toe Crest

Helps relieve pressure and pain caused by hammer, claw, and mallet toes. Silicone gel designed to absorb shock and provide even pressure distribution.

<b>091261247</b>	Small Left	Pack of 3
<b>091261262</b>	Small Right	Pack of 3
<b>091261239</b>	Large Left	Pack of 3
<b>091261254</b>	Large Right	Pack of 3

## 8 Silipos Gel Toe Separator™

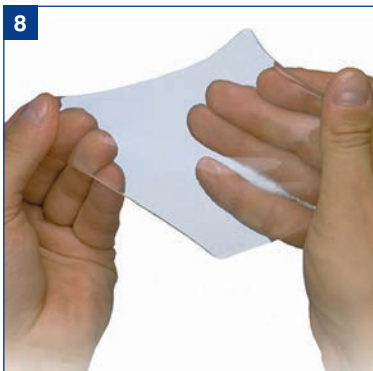
<b>091261379</b>	Small	Pack of 15
<b>091261437</b>	Large	Pack of 15
<b>091261833</b>	Large	Pack of 100



## 9 Silipos Gel Toe Spreader™

Conforms and comfortably fits between toes. Use as an inter-digital wedge for bunion deformity, overlapping toes, or toe drift.

<b>091261189</b>	Small	Pack of 4
<b>091261171</b>	Medium	Pack of 4
<b>091261197</b>	Large	Pack of 4



### 1 Silipos Ball of Foot Gel Cushion

Thin fabric-covered gel pad (2mm) to protect against abrasion, friction, and pressure under the metatarsal heads.

**091261163** One Size Pair

### 2 Silipos Gel Metatarsal Pad

Absorbs shock, impact and provides even distribution of pressure on the metatarsal heads.

**091261205** One Size Pair

### 3 Silipos Gel Metatarsal Pad with Built-In Toe Spreader

Anatomically designed for comfort and protection of metatarsal heads.

**091261221** Small / Medium Pair

### 4 Silipos Gel Foot Cover

Thin layer of gel covered with fabric offers complete toe and metatarsal protection.

**091261288** Small 9.5x12.5cm Pair

**091261296** Large 11x15cm Pair

### 5 Silipos Universal Gel Strap

Comfortable elastic sleeve with anatomically designed gel pad to cover all five metatarsal heads.

#### Gel covered

**091261502** Small / Medium Pair

**091261551** Large / X-Large Pair

#### Gel uncovered

**091261395** Small / Medium Pair

### 6 Silipos Gel-E-Roll

An elastic bandage coated one side with a layer of Silipos polymer gel. 10cm x 120cm.

**091130814**

### 7 Silipos Gel Dots

Used to reduce abrasion, friction and pressure points.

**091130780** 3mm thick x 3cm diameter Pack of 15

### 8 Silipos Gel Squares™

Versatile solution for discomfort related to pressure and friction. Can be trimmed to customised size. 10x10cm, 3mm thick.

**091261304** Adhesive Pack of 2

**091261338** Non-Adhesive Pack of 2

### 9 Toe Bolster

Toe Bolsters are latex foam moulds covered in chamois leather with elastic loop to fit over toe. The bolsters provide under support to the toes which have a tendency to retract.

**Left Right**

**091264340 091264357** Small

**091264316 091264332** Medium

**091264365 091264324** Medium Long

**091264290 091264308** Large



## 1 Silipos Body Discs

Body discs are medical grade mineral oil gel cushions designed to soften, moisturize, protect, and cushion the skin against shear and abrasive forces. The discs are available in 2.5" diameter and can be cut to preferred size for use in multiple applications. This product is washable and reusable.

- Multi-purpose discs of medical grade mineral oil gel
- Apply to parts of the body suffering from discomfort caused by pressure and friction
- Can be trimmed to customized size
- Medical grade mineral oil gel moisturizes and conditions the skin
- Latex free and hypoallergenic
- Comes in a pack of two body disc

091262724



## 2 Silipos Heel/Elbow Slip Over

The Heel/Elbow Slip Over is designed with a medical grade mineral oil gel cushion that contours around the heel or the elbow to protect the area from pressure, friction, and shear forces. The gel pad gradually releases mineral oil to moisturize and soften the skin. This product is washable and reusable.

- Aids in the healing and skin conditioning of dry, cracked heels and elbows
- Versatile medical grade mineral oil gel pad can be positioned almost anywhere around the foot and heel
- Effective in helping to prevent heel and elbow ulcerations
- Heel sleeve can be used in conjunction with pressure relief products to protect the skin
- Elbow sleeve provides Ulnar Nerve protection
- Latex free and hypoallergenic
- 5mm Gel

091261346 Small / Medium

091261361 Large / Extra Large



## 3 Silipos Achilles Heel Pad

The achilles heel pad is a lightweight, comfortable, toeless sleeve that comforts, cushions, and protects the Achilles area while releasing medical grade mineral oil to help soften and moisturize the skin. Can be worn with shoes, athletic footwear, ski boots, skates, and cleats. This product is washable and reusable.

- Soft conforming gel pad protects the posterior of the heel from pressure, impact, and friction
- Provides gentle compression and dissipation of pressure around inflamed area
- Effective in protecting against discomfort caused by ski boots, skates, cleats, other athletic footwear, shoes, and boots
- Reduces pain caused by footwear pressure on irregular heel bumps
- Latex free and hypoallergenic
- Comes in a single pack

091261460 Small / Medium

091261569 Large / Extra large



## 4 Silipos Antibacterial Digitals Caps

Silipos antibacterial foot care products are specially formulated with a tested and proven antimicrobial ingredient that kills up to 99.9% of bacteria and fungus. Antibacterial digital pads are a comfortable fabric sleeve coated with Silipos® gel to help soften and moisturize the skin. Slip the digital pad over a toe or finger, placing the gel pad directly over the affected area to ease discomfort immediately. The antimicrobial ingredient is contained in the gel and exudes onto the skin. This product is washable and reusable.

- Antibacterial formula
- Relieves pressure and friction
- Relieves painful ingrown toenails, corns, hammertoes, and toe tips
- Fully lined with medical grade mineral oil gel to surround, soothe, moisturize, and protect
- Fits toes or fingers and can be cut to size
- Latex free and hypoallergenic

091524214 Small / Medium



## Blue-Point

Blue Point products are made from medical grade viscoelastic silicone for long lasting support and comfort. They are designed for shock absorption, enhanced comfort and pressure relief. The position of the blue points helps to relieve pressure and reduce pain on the most sensitive areas of the foot. Can be trimmed to desired size. Washable and reusable. All products sold in pairs.

### 1 Original Full Length Insoles

Cushions the foot, ankle and knee from impact and shock.

- 091349497** Size 3-4
- 091349505** Size 4-5
- 091349513** Size 6-7
- 091349521** Size 7-8
- 091349539** Size 9-10
- 091349547** Size 10+

### 2 Original ¾ Length Insoles

Designed for flat shoes and sneakers, featuring thicker gel pads for maximum cushioning during walking and high-impact sports.

- 091349463** Size 2-5
- 091349471** Size 6-8
- 091349489** Size 9+

### 3 ¾ High Heel Insoles with Met Rise

For absorbing shock, enhanced comfort and forefoot pressure relief while wearing high-heeled and tight-fitting shoes.

- 091420389** Size 2-5
- 091420397** Size 6-8

### 4 ¾ High Heel Insoles with Met Pad

For absorbing shock, enhanced comfort and forefoot pressure relief while wearing high-heeled and tight-fitting shoes.

- 091420413** Size 2-5
- 091420421** Size 6-8

### 5 Original Heel Cups

For maximum comfort while standing, walking or running.

- 091420454** Size 2-5
- 091400381** Size 6-8
- 091400399** Size 9+

### 6 Posted Heel Wedge with Soft Spur

Offers relief for users with flat feet, high arches or knee conditions, and for helping runners maintain balance.

- 091420504** Size 2-5
- 091420512** Size 6-8
- 091420520** Size 9+

### 7 Heel Wedge with Soft Centre

For maximum comfort while standing, walking or running.

- 091420538** Size 2-5
- 091420546** Size 6-8
- 091420553** Size 9+

### 8 Heel Wedge with Soft Spur

Fits comfortably into most footwear and efficiently cushions from impact.

- 091420561** Size 2-5
- 091420579** Size 6-8
- 091420587** Size 9+

### 9 Heel Wedge with REM Spur

- 091514074** Size 2-5
- 091514082** Size 6-8
- 091514090** Size 9+



# Quality instruments

## 1 Scissors Straight Blunt/Sharp

091255397 130mm B/S  
091255363 180mm B/S



## 2 Scissors Straight Sharp/Sharp

091533041 130mm S/S  
091255462 150mm S/S



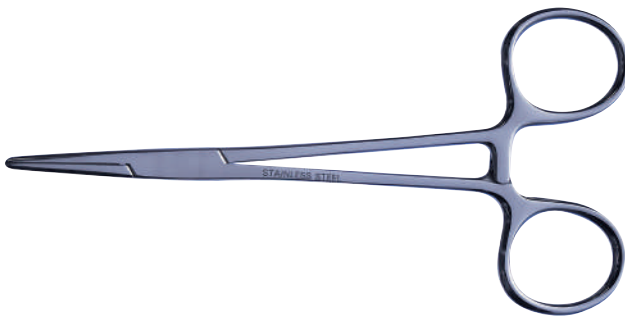
## 3 Scissors Curved

091533033 130mm B/S  
091533017 150mm B/S



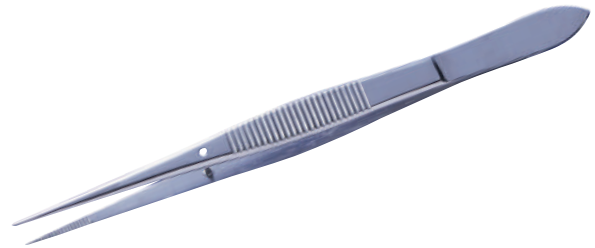
## 4 Forceps Halstead Fine

091256312 125mm



## 5 Dissecting Forceps - Fine End

091256239 125mm



## 6 Swann-Morton Stitch Cutter

091255371 Pack of 100



## 7 Splinter Forceps

091256247 125mm



## 8 Thwaites Double Spring

091256569 135mm



# Nippers

## Professional Nippers

This professional range of reusable nippers are fully autoclavable, high on quality and low on cost. Manufactured from high quality surgical steel, these nippers are ideal for hospital and clinics alike at a competitive price.

### 1 Cantilever Gripped Barrel Spring

091254523 150mm



### 2 145mm Smooth Handle

091532902 Straight  
091532894 Concave



### 2 Fine Pointed Smooth Handle

091532985 115mm Straight



### 4 Ingrown Pointed Smooth

091254457 130mm



### 5 S90 Double Spring

091254408 125mm



### 6 Ingrown Arrow Pointed

091532977 115mm  
091532944 125mm





<b>Blades</b>					
	10 100 Pack	11 100 Pack	E11 100 Pack	15 100 Pack	15T 100 Pack
Swann Morton Red Sterile. Carbon Steel	091254770	091254796	091255009	091254804	091219427
Swann Morton Green Sterile. Stainless Steel	091254945	091254960	091255017	091254978	-
Swann Morton Blue Non Sterile. Carbon Steel	091254713	091254739	-	091254747	-
Paragon Sterile. Stainless Steel	091254903	-	-	-	091254929
Sabre Sterile. Carbon Steel	-	-	091254994	-	-
For Handles (see page 304)	7	7	7	7	7



<b>Blades</b>						
	10A 100 Pack	12 100 Pack	15C 100 Pack	20 100 Pack	21 100 Pack	22 100 Pack
Swann Morton Red Sterile. Carbon Steel.	091254788	091254762	091254812	091254820	091254895	091254838
Swann Morton Green Sterile. Stainless Steel.	091254952	-	-	-	-	-
Swann Morton Blue Non Sterile. Carbon Steel.	-	-	-	091254721	-	-
For Handles (see page 304)	7	7	7	3	3	3



<b>Blades</b>					
	22A 100 Pack	23 100 Pack	24 100 Pack	26 100 Pack	27 100 Pack
Swann Morton Red Sterile. Carbon Steel.	091254846	091254853	091254861	091254879	-
Swann Morton Green Sterile. Stainless Steel.	-	091281351	-	-	091254986
Swann Morton Blue Non Sterile. Carbon Steel.	-	091254754	-	-	-
For Handles (see page 304)	3	3	3	3	3



<b>Mini Blades</b>						
	61	62	64	65	67	69
Swann Morton Sterile. Stainless Steel. 25 Pack	091255025	091255033	091255041	091281369	091255058	091281377
For Handles (see page 304)	6	6	6	6	6	6

# Scalpel Handles

Foot Care

## 1 Scalpel Handle 3 Graduated

091255140 Stainless Steel - Pack of 10



## 2 Scalpel Handle 7

091255165 Stainless Steel



## 3 Scalpel Handle Fine SF13

For mini blades.

091255223



## 4 Disposable Swann Morton blade and handle

<b>091254622</b>	Size 10	10 Pack	Sterile individually packed
<b>091254630</b>	Size 11	10 Pack	Sterile individually packed
<b>091254598</b>	Size 15	10 Pack	Sterile individually packed



## 5 Disposable Sabre blade and handle

<b>091254655</b>	E11	10 Pack	Sterile individually packed
<b>091254606</b>	B23	10 Pack	Sterile individually packed
<b>091254614</b>	D15	10 Pack	Sterile individually packed



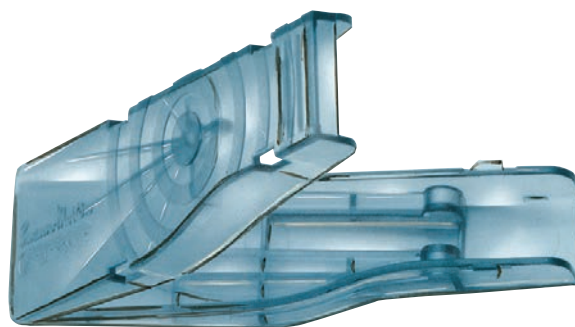
## 6 Paragon Blade Remover Box

091254556 Pack of 10



## 7 Single Use Blade Remover

091254697 Pack of 50



**£ PRICES**  
For up-to-date prices please see our Website, alternatively contact your Sales Representative or Customer Services.

Our range of Blacks Files and Probes combines traditional craftsmanship with modern technology.



**1 Blacks File - Fine**  
091256411



**2 Blacks File - Micro**  
091256429



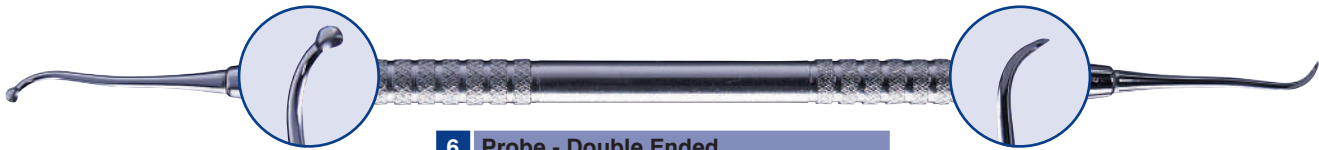
**3 Blacks File - Double Ended**  
(Fine & Micro)  
091256494



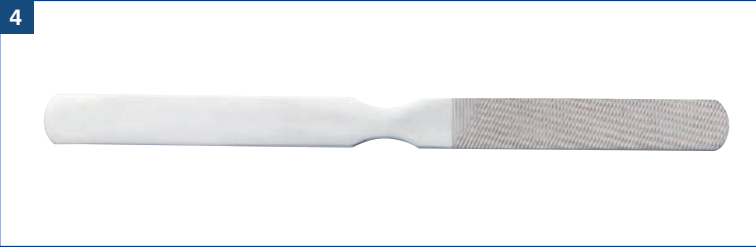
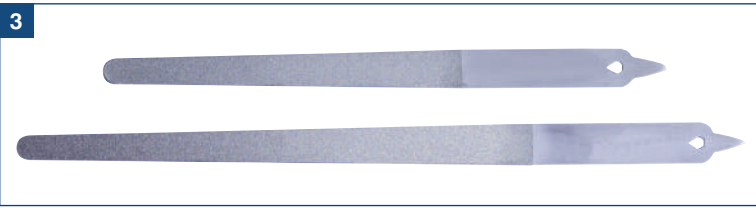
**4 Probe Angled Neck - Flat Head**  
091256338



**5 Probe Swan Neck - Flat Head**  
091256346



**6 Probe - Double Ended**  
Swan Neck - Spoon Head/Angle Neck - Flat Head.  
091256452



### 1 DiamonDeb Foot File

091256320 20cm

### 2 Plastic Foot Dresser

Dual abrasive foot file is the safe hygienic way to remove hard dry skin. The coarse side provides a large grain abrasive surface to file and reduce areas of hard skin. The reverse side features a smoother grain which will remove dry skin leaving a smooth surface.

091256197 24cm

### 3 DiamonDeb Nail File

091256262 20cm

091256254 15cm

### 4 Rasp Doubled Sided

091256445 15cm

### 5 Clip-on Discs & Mandrel

Garnet discs are a disposable disc for finishing skin and calluses. Clip-on discs have a square metal centre, which can be pushed onto the mandrel where it locates firmly. When used, the disc can be pulled off and replaced in seconds.

091256049 Single Use Mandrel Clip-on

091255926 1.90cm Pack of 50 Fine

091255983 2.25cm Pack of 50 Fine

091255934 1.90cm Pack of 50 Medium

091255975 2.25cm Pack of 50 Medium

091255918 1.90cm Pack of 50 Coarse

091255967 2.25cm Pack of 50 Coarse

### 6 Pinhole Discs & Mandrel

Garnet discs are a disposable disc for finishing skin and calluses. Pinhole discs use a removable screw in the head of the mandrel which holds the disc securely in position.

091255900 Single Use Mandrel Pinhole

091256031 1.90cm Pack of 100 Medium

091256015 2.25cm Pack of 100 Medium

091256007 1.90cm Pack of 100 Coarse

091256023 2.25cm Pack of 100 Coarse

091281476 1.90cm Pack of 100 Extra Coarse

091255991 2.25cm Pack of 100 Extra Coarse

**MDS Autoclaves**

MDS Autoclaves are manufactured from British technology and the highest quality of materials. All MDS Autoclaves are B Type which means the machine has a triple vacuum phase and is suitable for solid, lumened and porous loads. Fully complies with BS EN ISO 13060 and comply with the requirements of SCP's Decontamination Standards.

All machines sterilise at 134°C and must be filled with RO/Distilled Water to avoid rusting from tap water.

**1 8L B-Type Vacuum Autoclave**

- Printer included
- Sterilises at 134°C
- Outside dimensions (L×W×H) 535×365×320mm
- Tray dimensions (L×W×H) 255×130×15mm
- Volume - 8 Litre (3 Shelves)
- Two trays included
- Minimum cycle 20 minutes
- 34kg

**091512953****2 12L B-Type Vacuum Autoclave**

- Printer included
- Outside dimensions (L×W×H) 660×445×390mm
- Tray dimensions (L×W×H) 285×155×18mm
- Volume - 12 Litre (5 Shelves)
- Three trays included
- Minimum cycle 24 minutes
- 45kg

**091512979****3 18L B-Type Vacuum Autoclave (Not Illustrated)**

- Printer & USB included
- Outside dimensions (L×W×H) 650×500×430mm
- Tray dimensions (L×W×H) 285×194×18mm
- Volume - 18 Litre (5 Shelves)
- Three trays included
- Minimum cycle 26 minutes
- 47kg

**091512987****4 22L B-Type Vacuum Autoclave (Not Illustrated)**

- Printer & USB included
- Outside dimensions (L×W×H) 780×500×430mm
- Tray dimensions (L×W×H) 370×190×18mm
- Volume - 22 Litre (5 Shelves)
- Three trays included
- Minimum cycle 30 minutes
- 59kg

**091512995****5 Spare Trays (Not Illustrated)****091528678** 8L**091528686** 12L**091528694** 18L**091528702** 22L**6 Spare Printer Roll (Not Illustrated)****091528736****7 View Sterilisation Bag****091266980** 9×23cm Pack of 200**091266972** 9×20cm Pack of 120**091266998** 13×25cm Pack of 200**091266964** 19×33cm Pack of 200

1



2



7

1



### 1 MDS RO 3L Water Distiller

Can supply 3 litres of RO water every 20 minutes and does not require a power source so is highly economical and eco friendly. The 3L stainless steel tank is easy to clean and is covered by a plastic shell. With temperature control which is fully adjustable to ensure the water is ready for use with autoclaves. Can be fitted under a sink unit. Requires fitting, quote available on request.

**091513001**

### 2 MDS 1.5L Water Purifier

A portable and smaller water purifier, produces 1L of distilled water per hour.

**091519545**

### 3 MDS 3L Ultrasonic Bath

Ideal for cleaning soiled instruments before sending through an autoclave. Recommended washing time of 3-30mins depending on amount of soiling. Washer can be set between 1-90mins and includes:

- Heater
- Timer

240×140×70mm (Permitted level)

**091536994**

### 4 Medi-PH-Safe Non Foaming Cleaner

Mild Alkaline cleaning solution more suited to higher temperatures. Aluminium friendly.

**091521616**

2



3



4



1



### Hadewe SB range

The SB series is a long running reliable suction series, which has been a best seller in many countries for years. The units of this series are equipped with a powerful suction motor that is stored on rubber pads to protect it during transport. Includes a carry handle.

Available with speeds of up to 12,000 (in a low cost and regular variant) and 22,000rpm, the SB is perfect for long hours of continues work in hospital, stationary or domestic use. The unit itself is very small and therefore fits in almost all carry cases or cabinets.

#### 1 Hadewe SB-12 Suction Drill

- Speed 2,000 – 12,000rpm
- User friendly operating panel
- Compact control unit with carry handle
- W26×H14×D19cm, 3.5kg

091254143

#### 2 Hadewe SB-22 Suction Drill

- Speed 4,000 – 22,000rpm
- User friendly operating panel
- Compact control unit with carry handle
- W26×H14×D19cm, 3.5kg

091254150

2



1



3



### Hadewe Helius range

The brand new Helius series features a newly developed labyrinth technique within the control unit to keep the sound within the drills, making it one of the most silent suction units on the market. The suction motor is located in a rubber protected zone to make it more shock proof.

The Helius is available in 2 different speeds, up to 22.000rpm (Helius 22) and up to 40.000 rpm (Helius 40). The handpiece motors are constructed for long working hours.

#### 1 Hadewe Helius 40 Suction Drill

- Speed up to 40,000rpm
- Extra silent control unit
- Powerful & shock protected suction motor
- W26×H14×D26cm, 4.5kg

**091317114**

#### 2 Hadewe Helius 22 Suction Drill (Not Illustrated)

- Speed 4,000 – 22,000rpm
- Extra silent control unit
- Powerful & shock protected suction motor
- W26×H14×D26cm, 4.5kg

**091317122**

#### 3 Hadewe Paper Filter Bags

Regular paper filters for all Hadewe suction units (Helius, SB, Argos)

**091253921**

#### 4 Hadewe Micro Filter Bags

Special micro filters for all Hadewe suction units (Helius, SB, Argos)

**091317155**

4



## Hadewe Xantos range

The Xantos series is our new series of dry drills, which features a new design, and a digital display to show the speed.

Our bestseller Xantos-22 has a slim handpiece with a diameter of 17-20.5mm and a length of only 129mm. Even with the low weight of 117g it has a powerful motor, which makes it the perfect choice for long and continuous work in podiatry, manicure, and nail design. The burs are easily exchanged by using the patented Hadewe Quick Chuck System.

### 1 Hadewe Xantos-22

- Speed 4,000 – 22,000rpm
- Ideal for domiciliary use
- W12×H9×D19cm, 117g

**091317197**

### 2 Xantos carry case

Dimensions outside: W34×H13×D28cm

Dimensions inside: W32×H11×D22cm

**091324904**

### 3 Hadewe Xantos BT

The Xantos BT is Hadewe's brand new battery drill for domiciliary use. The drill is compact, lightweight and has a small, powerful handpiece which makes it the ideal drill for home visits. The unit is powered by the latest generation of accumulators which have a much higher capacity, and longer lifespan than competitors.

- Speed 6,000 – 25,000rpm
- Running time approx 10 hours (in empty running)
- Accumulator recharging time 2 hours

**091536960**



#### PRICES

For up-to-date prices please see our Website, alternatively contact your Sales Representative or Customer Services.

1



### 1 Foot Rest with Bag

The foot rest is perfect for use during domestic work, and assists you in putting the patient's foot where you can best work on it. Height (46-92mm) and multiple angles are separately adjustable. This latest model features an improved design to give it more stability with reinforced steel to prevent breaking under weight. Comes with a carry bag (W690×H320×D240mm).

**091218288**

### 2 Magnifying Lamp

The magnifying light Spectra can be used in every flexible way, since the included powerful clamp allows you to combine it with the Hadewe foot rest, carry case, or several kinds of furniture or cabinets. The extra long arm enables ultimate positioning of the light. Heat is not an issue with this product. In fact, you may transport it immediately after use.

Position the light close to the patient's feet and keep or move it to optimum position via the flexible arm and holder. For transport simply detach the light, and move the adapter under the foot rest. Choose your lamp design according to your other furniture style. The lid of the magnifying light can be changed to white, silver grey, or blue.

**091250216**

### 3 Catch Basin

Keep your working space clean by using the new flexible catch basin. Consisting of a disinfestable elastic material, it provides a soft basis to put your patient's leg on, and can easily be pressed down when working on the heel. Excess spray water will be collected in the basin. The Flex Catch Basin can be rolled together for mobile transport, and also fits into our carry cases, or the bag of the foot rest. Size: W330×H100×D510mm, Weight: 580g

**091317247**

### 4 Tool Tray

This hard plastic tray allows you to keep all your tools and instruments within reach. You may hang it up from the foot rest and it can be turned 360° in all directions. The tray consists of hard to break plastic, and is resistant against disinfection liquid. Size: W260×H75×D360mm, Weight: 400g.

**091317254**

2



3



4



## 1 Otoform K2 Kit

A mouldable putty with the addition of a curing agent which hardens to form a permanent rubbery appliance.

**091260546** 170g

**091260637** 800g

**091260488** Hardener 20g

## 2 Plaster of Paris Bandage

A cost effective method of obtaining slipper impressions of the patient's feet. Simple immersion in water allows the Plaster of Paris bandages to be wrapped around the lower section of the foot to form a slipper which rapidly dries to a permanent record.

**091270255** 7.5cm×2.7m Roll

**091270248** 10cm×2.7m Roll

**091270297** 15cm×2.7m Roll

**091270321** 20cm×2.7m Roll

## 3 Foam Impression Box

A cost and time effective method of obtaining a cast impression.

**091270305** 4cm Standard

**091270313** 6cm Deep

## 4 Silipos Pressure Relief Padding

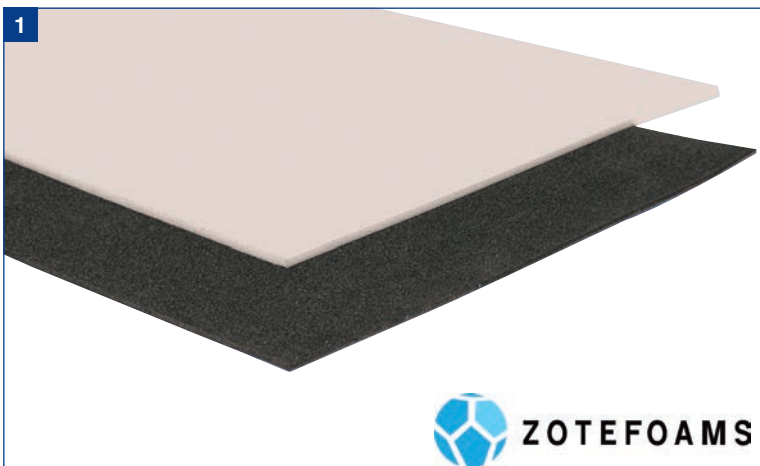
2mm Thick gel pad with self-adhesive backing used to reduce shock, impact, and vibration. Excellent for use with custom ankle foot orthosis devices.

**091126259** 10cm×91cm

**091126267** 20cm×91cm



**i** **INFORMATION**  
For our range of tapes and strappings, please see pages 261 to 276.  
For our range of padding materials, please see pages 38 to 42.



## 1 Plastazote

Plastazote is a thermoplastic polyethylene foam. It is readily washable, discourages bacteria growth and has good thermal properties. A cross linked construction and non toxicity make it a standard for orthotic linings. Sheet Size: 150×100cm. Heat mouldable at 85-140°C.

	Black	White
3mm	091260405	091260413
6mm	-	091281864

## 2 Hapla Fleecy Web Roll

Hapla Fleecy Web is 100% cotton padding and features a raised fleecy surface. It is widely used to protect sore and tender skin from friction and rubbing.

091221340 5cm×3m

## 3 Hapla Gold All Wool Felt

Hapla Gold Felt has been enhanced by introducing a broad range anti-microbial treatment to protect against bacteria and fungi. Designed with Hapla clinically proven adhesive. Sheet size = 22.5×45cm.

091318476	2mm	Pack of 4
091318484	5mm	Pack of 4
091318492	7mm	Pack of 4
091318500	10mm	Pack of 4

## 4 Spenco Roll

091260694 105×120cm



**i INFORMATION**  
For our range of tapes and strappings, please see pages 261 to 276.  
For our range of padding materials, please see pages 38 to 42.